

## GENERAL

<b>Name</b>	<i>Last Name</i>	<i>First Name</i>	<i>M.I.</i>	<b>Today's Date</b> (MM/DD/YYYY) / /
<b>Gender</b> <input type="checkbox"/> Male <input type="checkbox"/> Female	<b>Height</b>	<b>Weight</b>	<b>Age</b>	<b>Which is your dominant hand?</b> <input type="checkbox"/> Left <input type="checkbox"/> Right
<b>Referring Doctor &amp; Phone</b>			<b>Primary Care Doctor &amp; Phone</b>	

Have you been discharged from an inpatient facility in the past 30 days? If yes:

What was your date of discharge?

Were any of your medications changed?

## CURRENT PROBLEM

What part of your body are you being seen for today? **Which side? (if applicable)**  
 Left  Right

What is the goal of your appointment today?  
 Pain Management  Better Function  Better Appearance  Return to Work  Return to Play  Other: \_\_\_\_\_

How did the problem develop?  
 When did the problem start:  Over Time (Duration: \_\_\_\_\_ )  Injury (Date of Injury: \_\_\_\_\_ )

Is this work related?  Yes  No

On a scale of 0-10 (0=no pain, 10= worst possible pain) what is your level of pain?  0  1  2  3  4  5  6  7  8  9  10

Do you have:  Numbness?  Tingling? If yes, where: \_\_\_\_\_

Have you noticed any weakness?  Yes  No If yes, explain: \_\_\_\_\_

What other symptoms do you have? \_\_\_\_\_

Do your symptoms limit your ability to work?  Yes  No If yes, explain: \_\_\_\_\_

Do your symptoms affect your activities of daily living?  Yes  No If yes, explain: \_\_\_\_\_

Do your symptoms keep you awake at night?  Yes  No

What treatments have you tried?  Injection  Physical Therapy  Chiropractic  Medication: \_\_\_\_\_  Other: \_\_\_\_\_

Have any treatments helped?  Yes  No Please explain: \_\_\_\_\_

How many street blocks can you walk? \_\_\_\_\_

Do you use a walking device?  Cane  Crutches  Walker  Wheel Chair  Not Applicable; Don't use a walking device

Describe how you use stairs:  Place one foot per step  Place both feet on step before proceeding to next  Not Applicable; Don't use stairs